

# The Common Ground Program

Lesson 1	An Introduction to Nonviolence
Lesson 2	Exploring the Nature of Conflict I
Lesson 3	Exploring the Nature of Conflict II
Lesson 4	Perceptions, Misperceptions and Conflict
Lesson 5	How Do I Respond to Conflict?
Lesson 6	Conflict and Identity: Feelings
Lesson 7	Conflict and Feelings: Anger
Lesson 8	Communicating Feelings and Needs
Lesson 9	Assertive Communication Skills
Lesson 10	Active Listening
Lesson 11	Six Steps to Conflict Resolution
Lesson 12	Forgiveness I
Lesson 13	Forgiveness II
Lesson 14	Mediation
Lesson 15	Application to Daily Living

---

**PAX CHRISTI USA** is a section of **PAX CHRISTI INTERNATIONAL**, the Catholic peace movement.

## About Pax Christi

PAX CHRISTI METRO NEW YORK (PCMNY) has been active in the Archdiocese of New York and the Diocese of Brooklyn since 1983. As one of the most active regional chapters of PAX CHRISTI USA, a section of the international Catholic movement for peace, PCMNY works to educate the Catholic community about issues of peace and justice in the context of Catholic social teaching. The organization is strongly committed to principles of nonviolence and seeks to move Catholics and their communities toward deeper integration of nonviolence into their daily lives and action.

## Statement of Purpose

PAX CHRISTI USA strives to create a world that reflects the peace of Christ by exploring, articulating and witnessing to the call of Christian nonviolence. This work begins in personal life and extends to communities of reflection and action to transform the structures of society. PCUSA rejects war, preparations for war, and every form of violence and domination. It advocates primacy of conscience, economic and social justice, and respect for creation.

PAX CHRISTI USA commits itself to peace education and, with the help of its bishop members, promotes the gospel imperative of peacemaking as a priority in the Catholic Church in the U.S. Through the efforts of all its members and in cooperation with other groups, PCUSA works toward a more peaceful, just and sustainable world.

# From Conflict to Common Ground



A Christian Conflict  
Resolution Process for  
Catholic High Schools

Developed by Pax Christi Metro New York

## Help Your Students Form Consciences that Resist Violence

Today's children grow up in a climate of violence. Day after day they are saturated with violence on television, in their schools, neighborhoods and homes. Studies by the American Psychological Association have indicated that the average child witnesses 8,000 murders and 100,000 acts of violence **before finishing elementary school**. In this environment, called by our Pope a "Culture of Death," Catholic educators have a crucial responsibility to teach children alternative, peaceful responses to violence.

### How?

**PAX CHRISTI METRO NEW YORK** has developed **From Conflict to Common Ground**, a 15-session program designed to teach young people positive, creative approaches to the conflicts they face daily. The program is unique because it instructs students in the methodology of peacemaking and places conflict resolution in a Christian context. Students learn that nonviolent conflict resolution grows out of the Christian tradition.

### What We Offer

**PAX CHRISTI METRO NEW YORK** can provide well-informed facilitators to work with your faculty. Teachers will receive a solid foundation in conflict resolution skills, as well as a manual which contains a complete set of materials designed for easy integration into the regular curriculum so that nonviolent con-

flict resolution can become a permanent part of a student's Catholic education.

**Pax Christi** also offers the **Common Ground** manual on its own, without teacher workshops. The manual contains all 15 lessons with master copies of all student handouts, and appendices of prayers and additional resources.

### What Your School Will Need to Host a Workshop

To participate in **Common Ground**, schools should provide a group of educators and students excited to learn about conflict resolution. Teachers will receive a full-day workshop in conflict resolution, followed by a half-day workshop on the implementation of **Common Ground** for a one-time cost of \$500. This program may also be adapted to meet your needs with an appropriate adjustment to the cost.

Won't you help your students learn the skills they need to move from conflict to common ground?



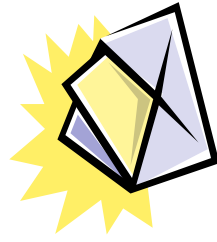
**For further information, complete the attached form, or contact:**

Pax Christi Metro New York  
371 Sixth Ave.  
New York, NY 10014  
212-420-0250 (phone)  
212-420-1628 (fax)  
info@nypaxchristi.org  
www.nypaxchristi.org

----- (Please complete and detach) -----

\_\_\_\_\_ *Yes, I'd like to order* \_\_\_\_\_ *Common Ground manual(s) for \$25.00 each*

\_\_\_\_\_ *Yes, I'd like to schedule a teacher workshop.* \_\_\_\_\_ *plus \$4 postage.*



Name: \_\_\_\_\_

School: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_ E-mail: \_\_\_\_\_

Please return to Pax Christi Metro New York, 371 Sixth Avenue, New York, NY 10014.  
Please make checks for the manual payable to Pax Christi Metro New York.